

# Not for Joe

---

**Source:**

Traditional dance. (source: Mass Dance with Black Bess Border)

**Tune:**

Not for Joe

**Formation:**

Sets of 4 or 8 dancers in lines of 4. Stick across when in sets of 8.

**Sticking:**

Stick on shoulder when not sticking. All sticking is high, alternate forehand & backhand, on the beat.

**Sequence:**

**Sticking** (16) – 7 beats single sticking with excitement on 8<sup>th</sup> beat, repeat.

**Left arm swing**, in and out style, 6 beats, turn around and back for 8.

**Sticking** (16)

**Left arm star**, anti-clock, R stick star back(16)

**Sticking** (16)

**Hey** (16) - step to left of partner to form line

**Sticking** (16)

**Sticks in** (16) - dance clockwise, 1<sup>st</sup> stick in on beat 2, then 3,4, circle back waving sticks above heads

**Sticking** (16)

**4 DRUM BEATS AT DOUBLE SPEED**

**Sticking** - Double Time

---