

Not for Joe

Source:

Traditional dance. (source: Mass Dance with Black Bess Border)

Tune:

Not for Joe

Formation:

Sets of 4 or 8 dancers in lines of 4. Stick across when in sets of 8.

Sticking:

Stick on shoulder when not sticking. All sticking is high, alternate forehand & backhand, on the beat.

Sequence:

Sticking (16) – 7 beats single sticking with excitement on 8th beat, repeat.

Left arm swing, in and out style, 6 beats, turn around and back for 8.

Sticking (16)

Left arm star, anti-clock, R stick star back(16)

Sticking (16)

Hey (16) - step to left of partner to form line

Sticking (16)

Sticks in (16) - dance clockwise, 1st stick in on beat 2, then 3,4, circle back waving sticks above heads

Sticking (16)

4 DRUM BEATS AT DOUBLE SPEED

Sticking - Double Time
